

FREQUENTLY ASKED QUESTIONS

What do I do the first day of lessons?

Arrive early, bring your receipt, wait in the lesson waiting area, and become familiar with your instructor. Please remain seated in the bleachers or bench area during the class. All persons entering the facility must register for BioScan, an identification system using a finger scan.

Who is available to answer questions?

A front desk attendant, pool manager, or recreation leader is on duty to assist you. Please do not talk to the lifeguard in the tower or to the instructor during the lesson.

Do we offer credits, transfers, or refunds?

Refund requests can be made to the Aquatic Coordinator prior to the first class. After the first class, refunds will be granted only if there is a medical reason or emergency. Credits will be granted only prior to the first class meeting. Transfers will be granted only prior to the second class meeting. Refunds will immediately be returned to credit/debit cards or will arrive by mail within 3-6 weeks for cash/check.

What are your safeguards?

We provide American Red Cross-certified instructors and ARC-certified lifeguards during all learn-to-swim classes.

Do we offer make-up lessons?

We do not offer make-up lessons. If we cancel a class due to a special event, inclement weather, etc., you will receive notification as to when that lesson will be made up.

How long before my child is swimming?

This depends on the child - how fast they learn, how confident they are in the water, and the interaction with their swim instructor.

Group Lesson Fees

**Monday/Wednesday/Friday
or Tuesdays and Thursdays**

Six (6) 45-minute lessons for \$25*

Saturdays

Four (4) 45-minute lessons for \$20*

**Different at Pavilion Center Pool*

Private/Semi-Private Lessons

Offered at Pavilion Center Pool only during the summer, these lessons are sure to meet your needs. Private lessons (one-on-one student) are \$100 for six (6) 45-minute lessons or \$60 for four (4) 45-minute lessons. Semi-private lessons (one-on-two or three students) are \$50 for six (6) 45-minute lessons or \$40 for four (4) 45-minute lessons. Call Pavilion Center Pool for more information or to register for these lessons.

City of Las Vegas Splash Pools

Baker Pool 229-1532
1100 E. St. Louis Avenue

Carlos L. Martinez and
Darrio J. Hall Family Pool
at Freedom Park 229-1755
889 North Pecos Road

Doolittle Pool 229-6398
1950 North J Street

Garside Pool 229-6393
300 South Torrey Pines Drive

Pavilion Center Pool 229-1488
101 South Pavilion Center Drive

Municipal Pool 229-6309
431 East Bonanza Road

CITY OF LAS VEGAS

LEARN TO SWIM PARENT HANDBOOK



Phone: 702-229-6309
www.lasvegasparksandrec.com

AMERICAN RED CROSS LEARN TO SWIM PROGRAM LEVELS 1-6

Parent/Child

Ages: 18 months-3 years

Requirements: Swim diaper. Parent or guardian in the water with each participant.

Objective: To orient children to the water.

Emphasis on safety and participation. Parent or guardian instructed on teaching the child the basics of swimming. Child will remain in the class until he or she has acquired the readiness or age necessary for advancement to the next level. Lessons are 30 minutes.

Level 1 - Pollywogs & Starfish

Ages: Pollywogs, 4-7 years

Starfish, 8-11 years

Requirements: No prior swimming skills required.

Objective: Introduction to water skills - To teach basic coordination through motivation and beginning locomotion skills. Emphasis on floating, kicking, breath control, and basic water safety rules.

Level 2 - Eels & Sharks

Ages: Eels, 5-8 years

Sharks, 9-11 years

Requirements: Successful completion of Level 1 or possess necessary skills.

Objective: Fundamental aquatic skills - To build on the skills taught in Level 1. Students learn to coordinate the front crawl and back crawl, how to turn over, leveling off, and treading water.

Level 3 - Minnows

Ages: 7-11 years

Requirements: Successful completion of Level 2 or possess necessary skills.

Objective: Stroke development - To build on skills taught in Level 2. Students will swim in deep water, submerge to retrieve objects on pool bottom, learn elementary backstroke, and butterfly kick.

Level 4 - Sea Horse

Ages: 9-11 years

Requirements: Successful completion of Level 3 or possess the necessary skills.

Objective: Stroke improvement - To build on the skills taught in Level 3. Students will learn how to dive, survival float, open turns, perfect elementary backstroke, butterfly and sidestroke kick. Emphasis on endurance and swimming 25 yards.

Level 5 - Sea Lion

Ages: 9-11 years

Requirements: Successful completion of Level 4 or possess the necessary skills.

Objective: Stroke refinement - To build on the skills taught in Level 4. Students will learn shallow dives, surface dives, flip turns, breaststroke, and sidestroke. Emphasis on endurance and swimming 50 yards.

Level 6

Ages: 12-15 years

Requirements: Successful completion of Level 5 or possess the necessary skills.

Personal Water Safety

Objectives: Endurance work on front crawl, back crawl, breaststroke, elementary backstroke, side-stroke, and butterfly, turns, surface diving, treading and retrieving objects.

Fundamentals of Diving

Objectives: Diving from standing position, diving from diving board, diving with tuck position, diving with pike position.



Lifeguard Readiness

Objectives: Work with rescue tube, learn rescue approaches, assists and rescue techniques, using a backboard, how to remove a victim from the water.

Fitness Swimmer

Objectives: How to use a pace clock, pull buoy, fins and paddles, how to setup a fitness program and how to calculate your heart rate.

HOW TO REGISTER

Winter, Spring & Fall

To register for all levels, visit Municipal Pool during regularly scheduled open hours or register online or by touchtone phone 24 hours a day, 7 days a week.

Summer (May 24-September 1)

Register at your pool of choice during regularly scheduled open hours. You can also register for any pool by visiting Municipal or Pavilion Center pools or any recreation division site. Online and touchtone phone registration is also an option.

Online Registration

Visit www.clvbeyondtheneon.com 24 hours, 7 days a week. You need a Leisure Access* number, a personal LeisureLink* number, and Visa, MasterCard or Discover credit card. You may print a copy of the receipt for your records.

Touchtone Registration

Phone **702-229-5445** with a Leisure Access number, a personal LeisureLink number, Visa, MasterCard or Discover credit card, and class codes.

***Obtain Leisure Access and LeisureLink numbers online or call Municipal Pool @ 229-6309.**